

Class 3/Week 3

<https://www.youtube.com/watch?v=5gWGP34-4tY>

4:44

<https://www.youtube.com/watch?v=nVj3qizoWS8>

12:27

<https://www.youtube.com/watch?v=SB-dDx59geg>

12:20

Sh1-Wk3.pdf

Homework - Due Class 4/wk 4

<https://www.youtube.com/watch?v=nYZSPUi-lqE>

14:21

<https://www.youtube.com/watch?v=WiCGgdK-LV4>

10:10

Exercise #3

Repeat Exercise #3 with a minimum of **3 DIFFERENT** organic objects before the next class.

Take notes on differences in energy felt between yourself and each object.

How did you choose your objects?

Which one spoke to you the loudest, connected with you the strongest?

Does your energy connection change your perspective when you look at, handle, or think/speak about these objects? Explain in 1 short paragraph (max 75 words) and be prepared to read your paragraph to the class during wk 4.

